

 The Christmas Day in the Christian tradition is on the 25th of December. It is preceded by 3 weeks of waiting (exactly 4 Saturdays) called Advent, when Catholics patricipate in devotions and pray while waiting for the Jesus Christ's birth.



Poland

 We start our preparations much earlier than Christmas, basically at the start of December. Many of us imagine Christmas as running around your home and shops, a crowd in the kitchen and a lot of different responsibilities, but we often forget that Christmas time should be a time for families and strengthening family ties.



Christmas meal

- During the Christmas dinner, we've got a lent, so on the table, as opposed to meat, we can see many fish meals like herrings in oil or in cream or Greek style fish, but the most popular one is carp.
- Typical for Poland, we've got twelve Christmas meals, among them: noodles with poppy seeds, dumplings with cabbage and mushrooms, borscht with dumplings, compote with dried fruits, gingerbread.



Customs

- We start Christmas dinner when we see first star on the sky, but before we start eating, we're sharing the Christmas wafer during wishes.
- After the dinner, Santa Claus brings us gifts, but we hardly ever see him. He's very busy - he needs to bring presents to kids all over the world!



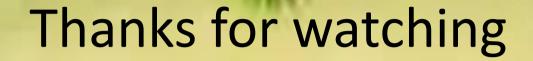






Customs

- Typically for us, during all the Christmas time, we sing Christmas carols. One of the most known are:
- "Wśród nocnej ciszy"
 https://www.youtube.com/watch?v=2zni1Fnj
 ArQ&list=RD2zni1FnjArQ
- "Przybieżeli do Betlejem"
 https://www.youtube.com/watch?v=lcveD1IA
 uvQ



Sources:

www.dziecisawasze.pl/polskie-zwyczajeswiateczne/ pl.wikipedia.org/wiki/Boże_Narodzenie

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